



*Creations*  
Sewing Class  
*youngfoundations.org*

## **Sewing "Sachet"**

**AGE: 10-28**

**ESTIMATED LENGTH: 3 HOURS**

### **NEEDED MATERIALS:**

- At least four different fabrics (preferably cotton)
- At least three different colors of thread
- Various embellishing items, like: beads, buttons, small pieces of fabric to applique or ruffle
- Lavender buds to fill your sachet. You may want to mix in some rice with the lavender.

### **INTRO AND CLASS SUMMARY:**

1. Gather Students And Begin In Prayer.
  
2. Read And Discuss Quotes: Moral parable - In this project, you will sew a sachet and fill it with some sweet-smelling lavender. You will practice your straight-line stitching and do some hand sewing. The main point of this lesson is to remind us that we always want to be a sweet-smelling savour unto the Lord!
  
3. Go over basic guidelines/rules.
  
4. Go over quote, scripture, and lesson.

### **-SCRIPTURES: II Corinthians 2:15**

*"For we are unto God a sweet savour of Christ, in them that are saved, and in them that perish:"*

### **-QUOTE: 54-1006 Law or Grace**

"A lily, or any flower, before perfume can be made...You take a flower, it's beautiful, a big morning lily, or a rose. The Rose of Sharon is a beautiful flower. While it's a living, it's beautiful. But to get odor out of that, to get a perfume, it has to be crushed. And they crush it and squeeze the perfume out of it.

You see, Christ, when He was here on earth, He was beautiful. He healed the sick. He raised the dead. His life was never compared. He was beautiful. But to make you like He was... When God looked down, He said,

"This is My beloved Son, in Whom I'm well pleased." Said, "Your sacrifices become stink under My nose, but This is Who I'm well pleased." Now, He was well pleased.

And to make us well pleased to God, He had to become crushed on Calvary, and the sin of this world had to squeeze out the life, out of Him. And He died, bearing the sins of the world, that we might be anointed with the Rose of Sharon. He was the Lily of the Valley. "He was wounded for our transgressions," a sweet-smelling Saviour. "By His stripes you were healed," the Lily of the Valley that give us the opium to ease our sicknesses and pain. What a marvelous picture."

### **LESSON QUOTES:**

"What did the gold represent? He was a King. He wasn't to be made King; He was born King. He was God's eternal King. He was a King, so they offered gold. And they offered frankincense. That's a perfume, very costly, the best that could be gotten. What did frankincense mean, the perfume? He was the sweet smelling Saviour unto God, for He went about healing the sick and doing good: Gold, because He was a King, frankincense, because He was a sweet-smelling Saviour to God. His life so pleased Him, that God breathed in His holiness and beauty, for it was His own holiness reflected in Him.

Oh, if we could be a sweet smelling savour, if God's holiness could be reflected in us, till we'd go about doing good, as Jesus of Nazareth, till it would be a sweet-smelling savour unto the Lord.

But we fuss; we argue; we stew; we doubt; that's the reason it becomes a stench in the nostrils of God. Our lives, we're in and out of old places we should not be. We say things we ought not to say. We do things we ought not to do. We fuss and take sides with the world, and deny Christ in the great crucial moments. That's the reason we can't be a sweet smelling savour. But He was, and these Magis gave frankincense." ***The Great Shining Light, 57-1222***

"A sweet smelling savour is around you all the time. You don't hear any criticism; you don't pay any attention to it. No matter, it's just as sweet and easy, because the Holy Spirit's in there ticking off your life." ***Why Is It That So Many Christian Find It So Hard to Live A Christian Life, Phoenix, AZ, 57-0303A***

## **Goals/Requirements:**

- Each student must make three thread changes.
- Each student must do some hand sewing.

-Let students begin sewing their own sachet

## **Creating Your Own Sachet:**

### **Preparation:**

You will need to cut your own pattern pieces. You can use backing, Pellon, or newspaper.

- For the rectangular sachet:
  - Cut 2, 4" x 6 ½" pieces. These will be pattern pieces #4 and #5. (This may be on two different fabrics.)
  - Cut 1, 3" x 5" piece. This will be pattern piece #3.
  - Cut 1, 2" x 4" piece. This will be pattern piece #2.
  - Cut 1, 1" x 2 ½" piece. This will be pattern piece #1.
  
- For the square sachet:
  - Cut 1, 4" x 4" piece. This will be pattern piece #1.
  - Cut 1, 4" x 1.5" piece. This will be pattern piece #2.
  - Cut 1, 5" x 2.5" piece. This will be pattern piece #3.
  - Cut 1, 5" x 6" piece. This will be pattern piece #4.

### **Rectangular Sachet:**

- 1) Choose three threads.



2) Select four or five fabrics depending on preference.



3) Choose your embellishment fabrics.



- 4) Pin your pattern piece to your fabrics and cut out your sachet pieces.



- 5) Depending on your skill level, mark your lines to sew in a straight line.



- 6) Sew on your lines (you may zigzag) switching threads at least 3 times, trimming threads as you sew.



- 7) Then pin fabric 1 to fabric 2 and stitch together, using 1/4-inch seam allowance clipping as you sew. You may use pinking shears on the raw edges and sew down using a straight stitch or use a zigzag stitch around the raw edges to attach.



- 8) Pin attached pieces 1 and 2 to piece 3 and stitch together, using 1/4-inch seam allowance clipping as you sew. You may use pinking shears on the raw edges and sew down using a straight stitch or use a zigzag stitch around the raw edges to attach.



- 9) Pin pattern piece 4 to the attached pieces 1, 2, and 3 and stitch together, using 1/4-inch seam allowance clipping as you sew. You may use pinking shears on the raw edges and sew down using a straight stitch or use a zigzag stitch around the raw edges to attach.



- 10) Pattern piece 5 is the backing to the sachet and attached pieces 1, 2, 3, and 4 are the front of your sachet. Now is the best time to embellish your sachet before it is attached. Options: applique, ruffles, flowers, buttons, beads, etc.



- 11) Pin attached pieces 1, 2, 3, and 4 to pattern piece 5 and sew together along the former stitch attaching pattern pieces 1, 2, and 3 to piece 4, leaving about a two inch opening.



- 12) Fill your sachet with lavender or other scented dried materials.  
If needed, half of the sachet can be filled with rice.



- 13) Machine stitch the opening closed. Pink the edges.
- 14) You're finished!

### **Square Sachet:**

- 1) Begin by picking three threads.



- 2) Next, pick four fabrics.



3) Pick your embellishment fabrics.



4) Pin your pattern piece to your fabrics and cut out your sachet pieces.



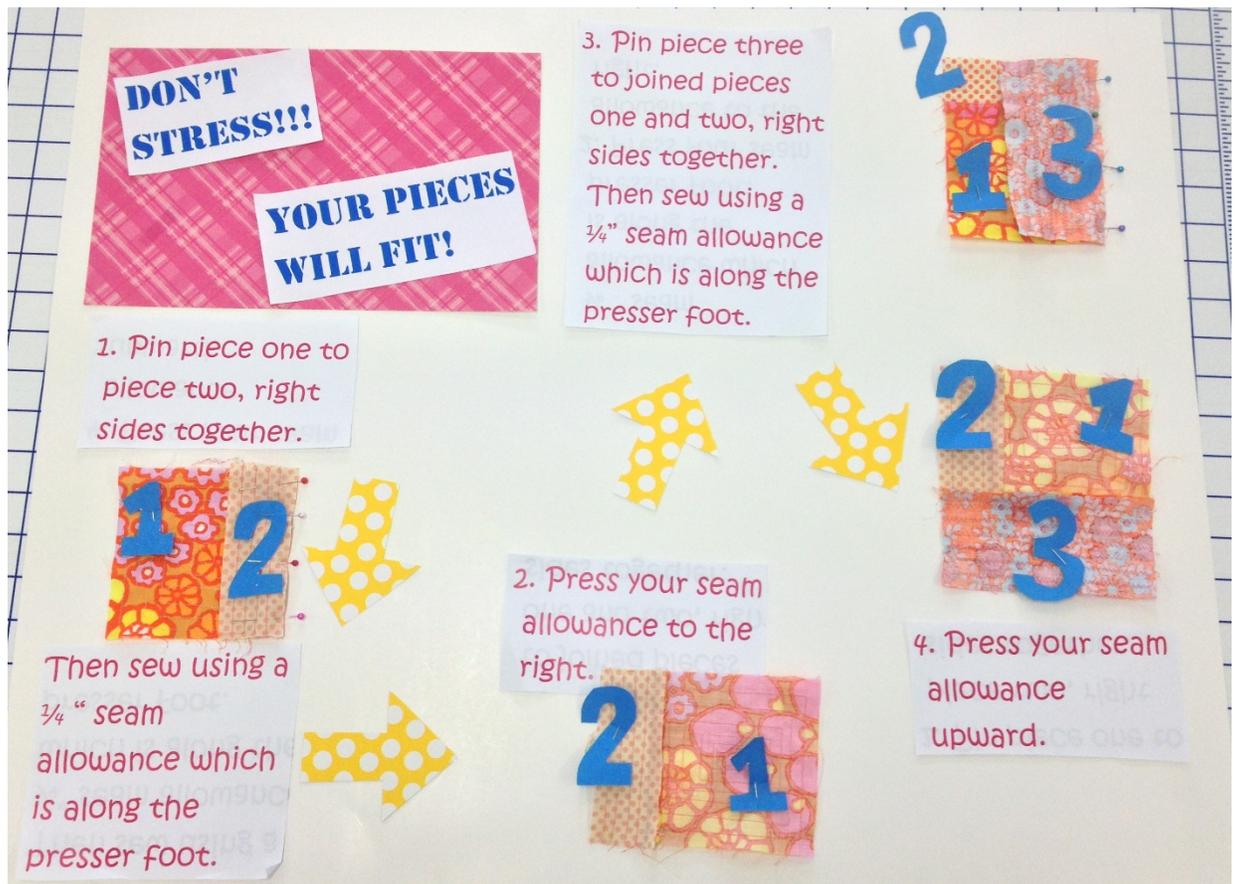
5) Depending on your skill level, mark your lines to sew in a straight line.



6) Sew on your lines (you can zigzag), switching threads at least 3 times. Trim as you sew.



7) Then start sewing your pieces together to create the front of the sachet.



8) Pattern piece 4 is the backing to the sachet and attached pieces 1, 2, and 3 are the front of your sachet. Now is the best time to embellish

your sachet before it is attached. Options: applique, ruffles, flowers, buttons, beads, etc.



- 9) Pin attached pieces 1, 2, and 3 to piece 4, right sides together.
- 10)       Stitch fabrics together, using a 1/4-inch seam, leaving a 2-inch opening.
- 11)       Clip threads as you go. Clip the corners.
- 12)       Turn your sachet right side out and push out your corners with the corner tool.
- 13)       Optional: Top stitch about 1-inch from the edge of your square. Do not close the opening.
- 1) Now you're ready to fill your sachet! Fill your sachet with lavender or other scented dried materials. If needed, half of the sachet can be filled with rice.
- 14)       After you fill your sachet, fold the raw edges under and stitch or whipstitch the opening.



15) You're finished!