



Creations
Sewing Class
youngfoundations.org

**CRAFT “Pincushion
Donut” AGE: 10-15
ESTIMATED LENGTH: 3 HOURS**

NEEDED MATERIALS:

- D 2 pieces of felt. One for your donut and another for your frosting
- D Thin needle or beading needle
- D 2 colors of floss
- D Beads, sequins, bugle beads, etc.
- D Types of Patterns handout
- D Desired Donut template
 - Frosting
 - Jelly
 - Long John
 - Pop Tart
 - Regular

INTRO AND CLASS SUMMARY:

1. Gather Students And Begin In Prayer.
2. Read And Discuss Quotes: Moral parable – We are to be sweet just like a donut.

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SCRIPTURES

: Proverbs

16:24

Pleasant words are as an honeycomb, sweet to the soul, and health to the bones.

-QUOTE: 59-1227M A Super Sign

With your heads bowed now, just offer a prayer yourself. This is the Holy Spirit. Can't you feel the meekness and gentleness of the Spirit of God, sweetness, lasting Life?

Where there are tongues, they shall cease. Where there's prophecy, it shall fail. Where there's knowledge, it shall fail. But when love is come, it endureth for ever. Love suffers long. It vaunteth not itself. It is not puffed up. It doesn't misbehave itself, unseemingly, but it humbles us, sweetens us, puts in the sweetness in your soul.

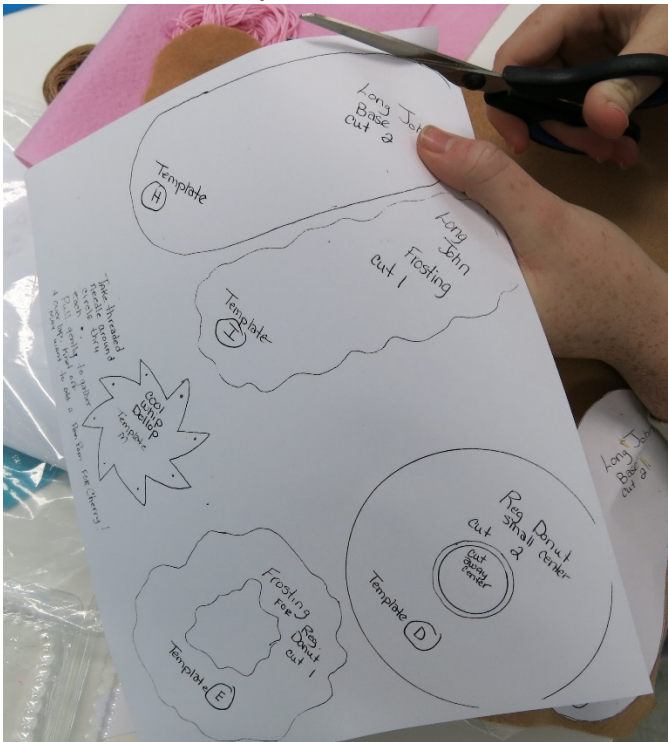
Class Summary:

Cut out and build your own pincushion in the shape of a donut to use in future sewing classes, while learning to be “sweet as a donut.”

- Think of ways to be sweet
- Go over different stitching techniques and needles
- Let the student begin making their donut pincushion

Creating Your Own Donut:

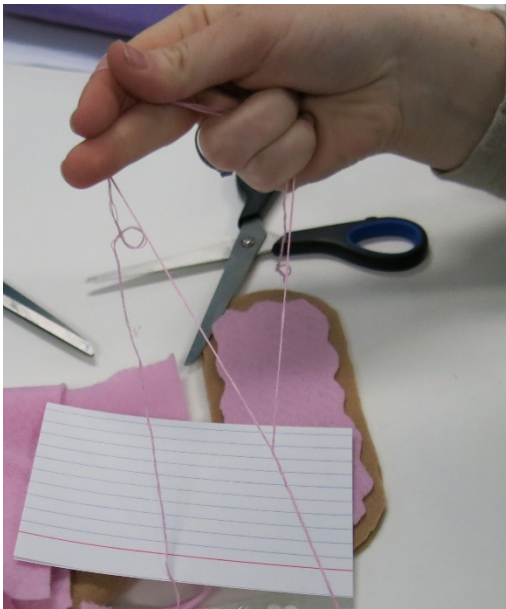
1. Cut out the template for one of the donut choices.



2. Cut out the top and base of your donut on one color of felt. Then cut out your frosting on the other color of felt. You may need to use pins to hold your templates to your felt.



3. Unwind and cut floss in about 36" lengths. Floss has six strands to it and we need to divide these strands, as we will only be using 3 strands of floss! You can store the excess of your floss on a cut piece of cardboard or index card.



4. Thread your needle using your three-stranded floss and knot the end of the floss to secure it.

5. Pin your frosting to the top of your donut. You may need to trim your frosting so that it doesn't get too close to the edge of the top of your donut.
6. Starting from the backside of the top of the donut, sew your frosting to the donut using the whipstitch technique. Be sure to pull the thread all the way through on each stitch or you will form a loop on the back!



7. When you are to the end, secure your stitches by tying a knot in the thread on the back.
8. Starting from the backside of the top of the donut, sew your beads onto the top of your frosting. Listen to a tape while you are doing this and be blessed at the same time!



9. When you are to the end, secure your beads by tying a knot in the thread on the back.

10. Rethread with the floss that matches your donut color.
Remember to use 3 strands again!
11. Pin the top layer of your donut to the base and begin sewing using the whipstitch technique. Make sure to hide your knot on the inside of the donut before sewing.
12. Stitch until you come to about a two inch opening and stop.
Stuff your donut using Fiber-Fil. You may have to use the eraser part of a pencil to push the stuffing into the donut.



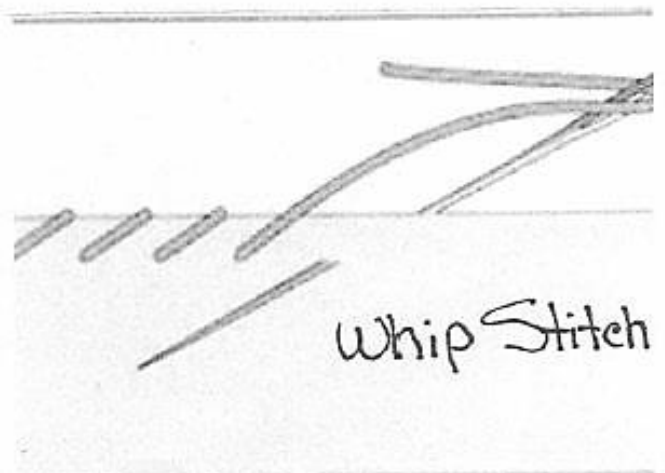
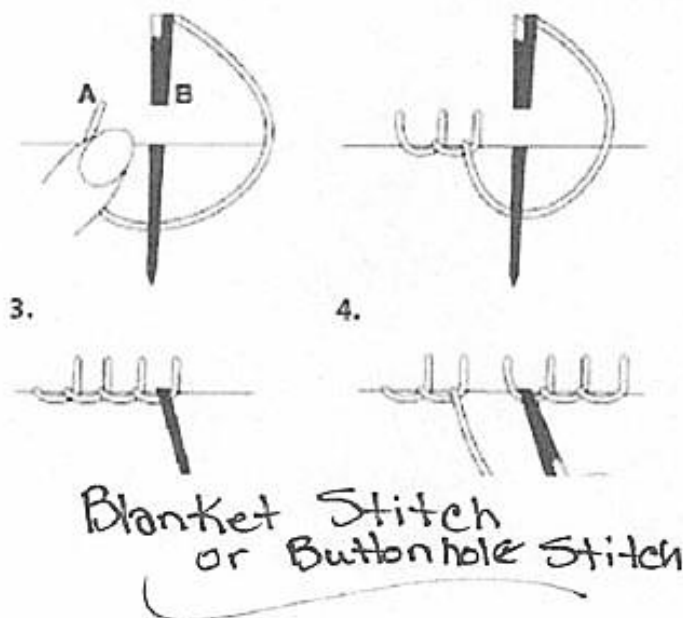
13. Finish sewing the donut closed.

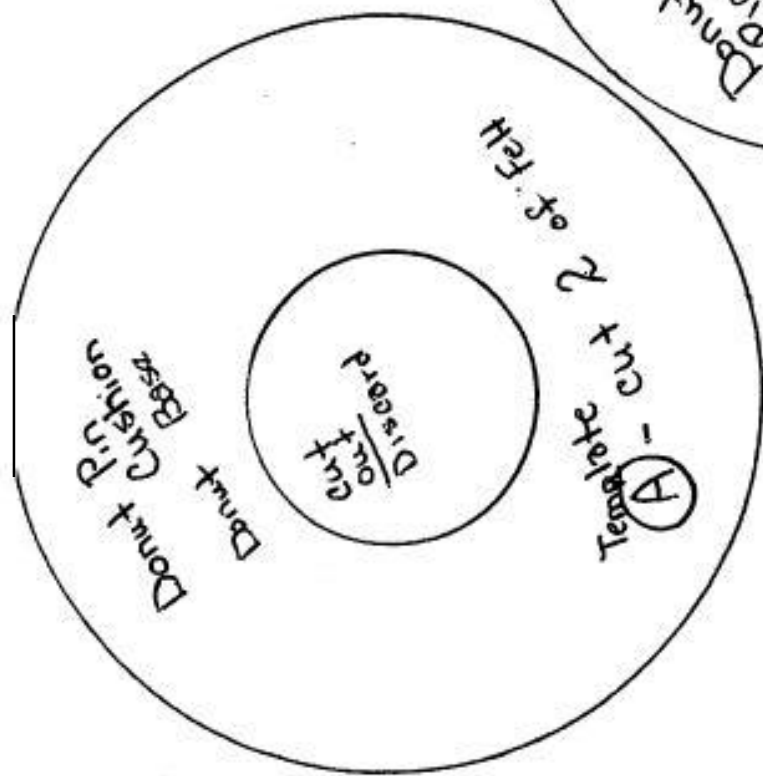
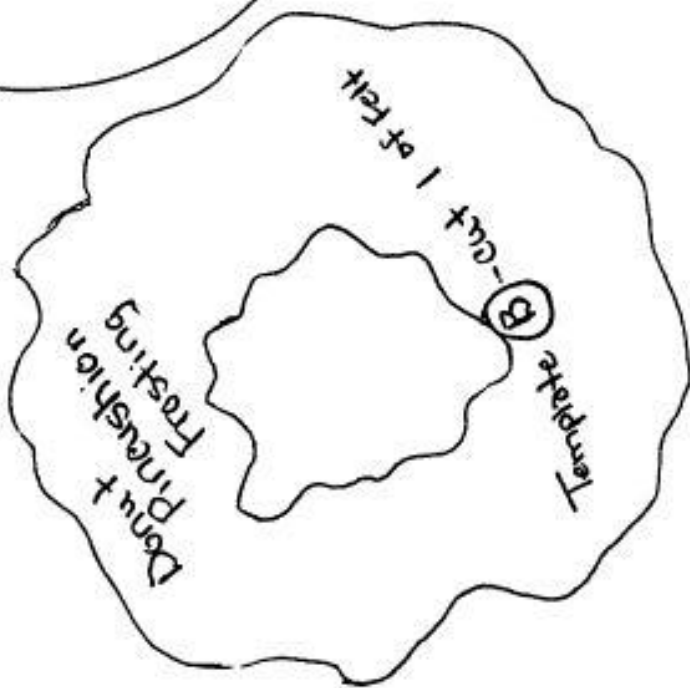
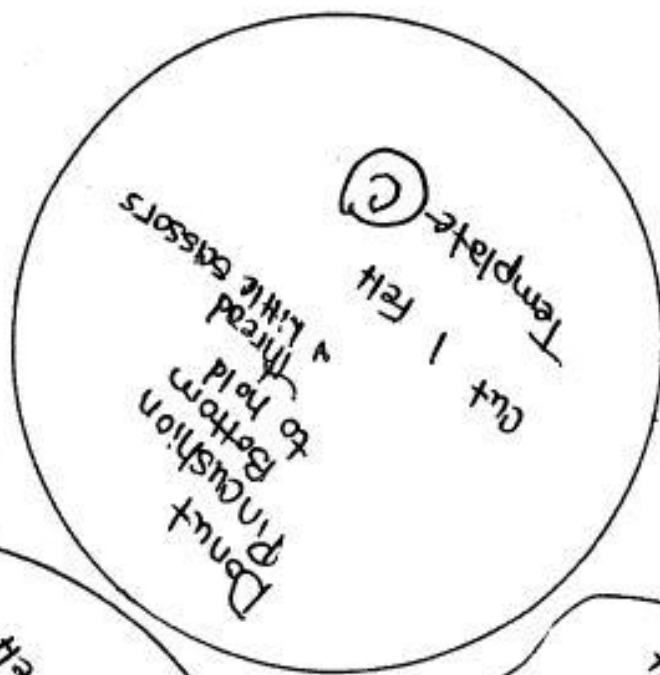
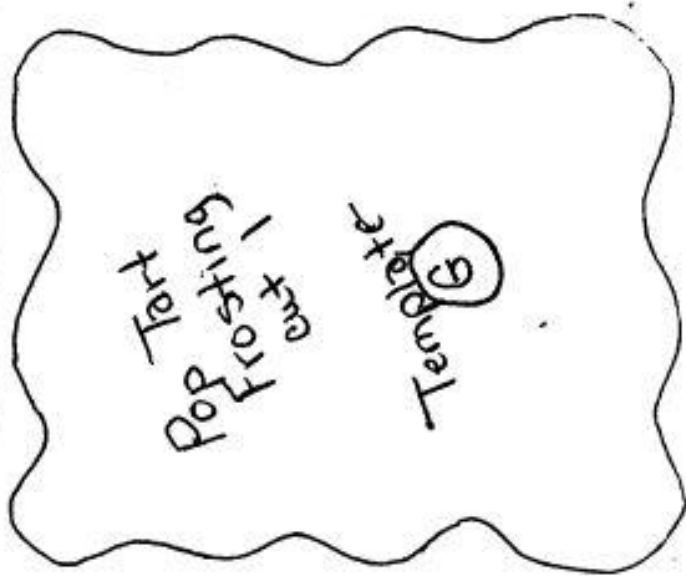
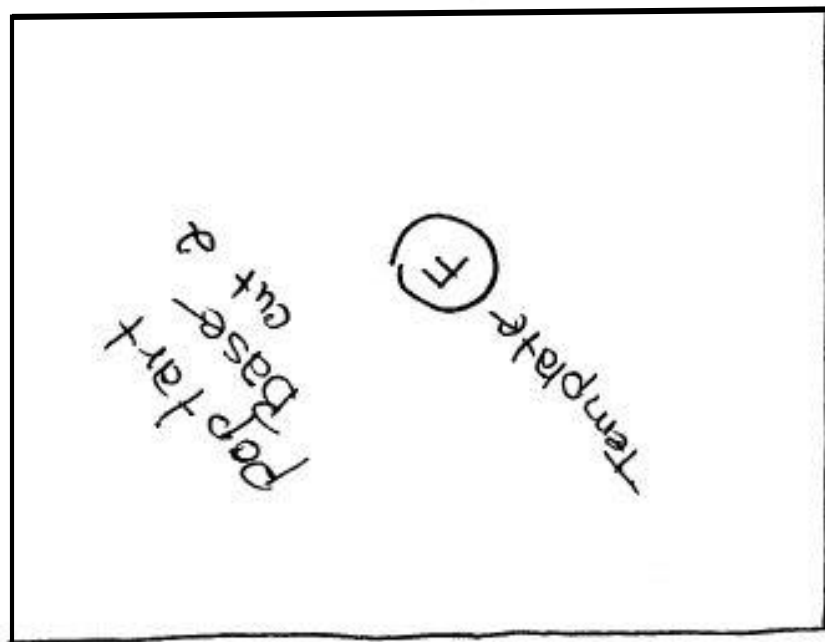


14. Pin your Bible verse to your donut along with your other pins and needles!
15. **DONUT WITH A HOLE:** Sew the center circle closed before sewing up the outer rim of your donut.

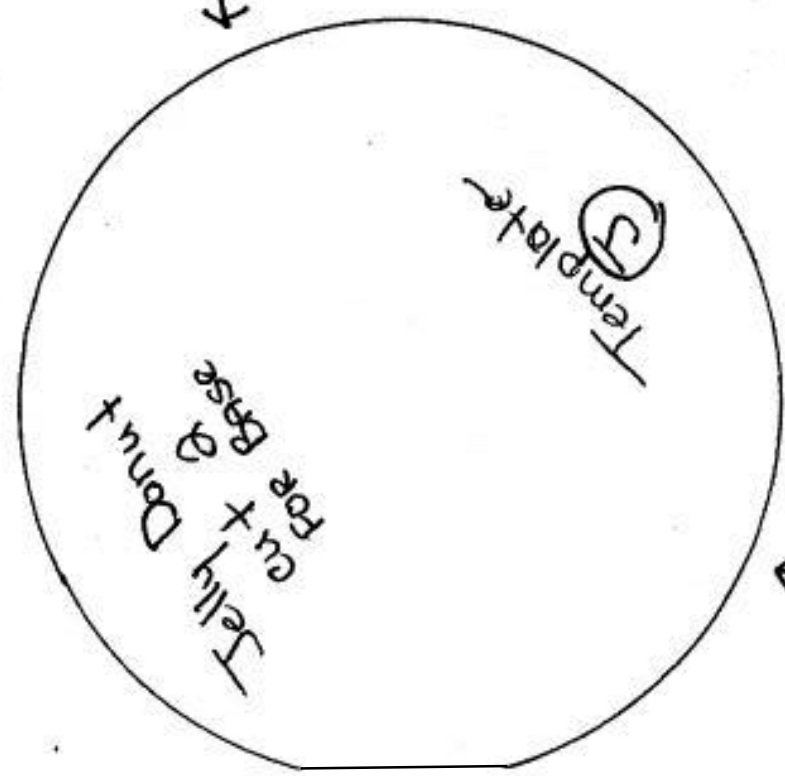
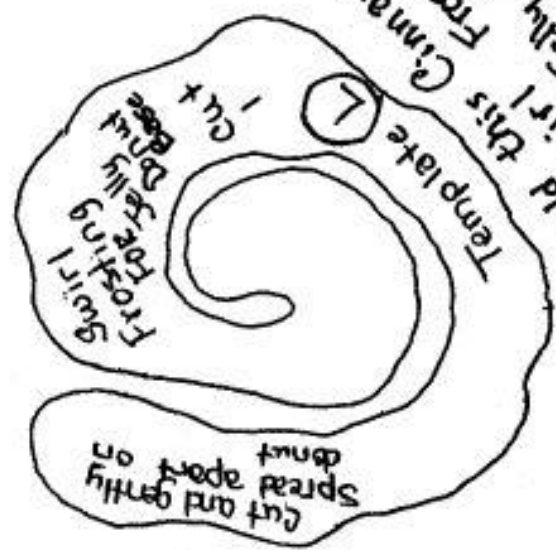
Patterns included are:

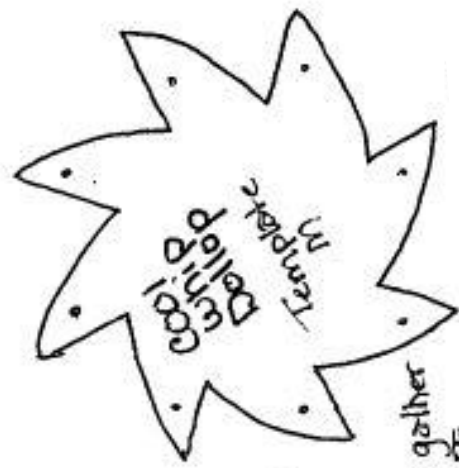
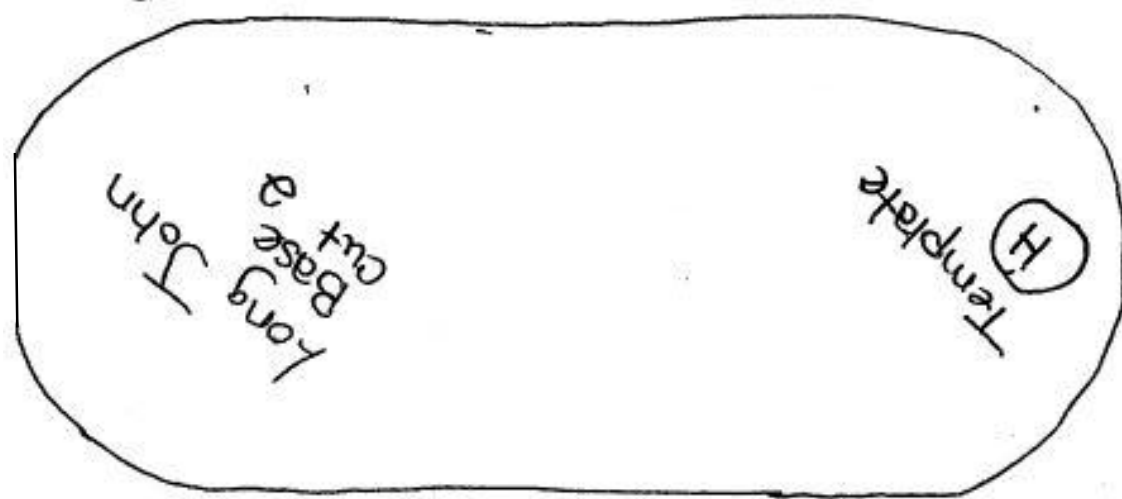
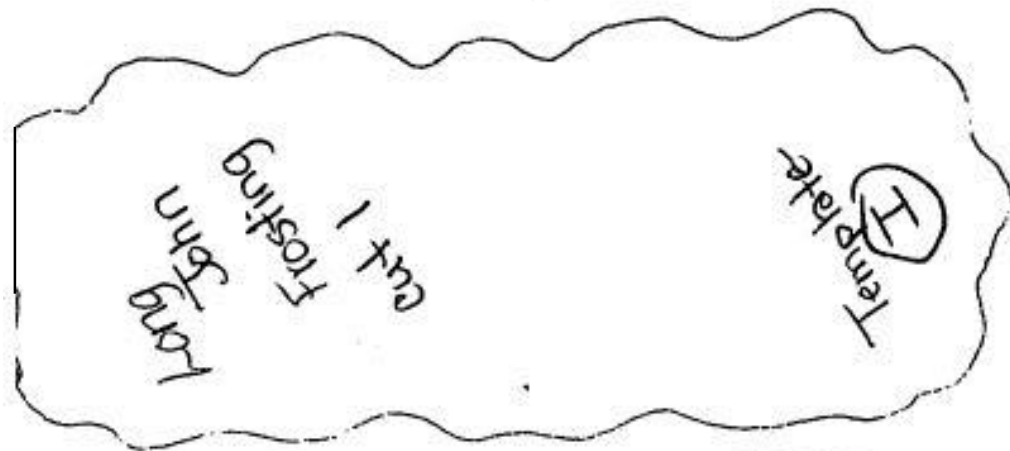
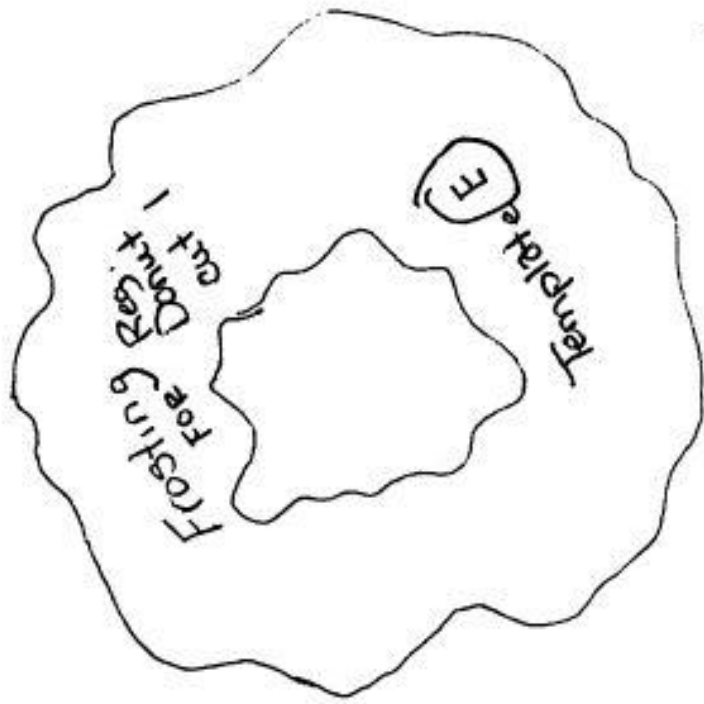
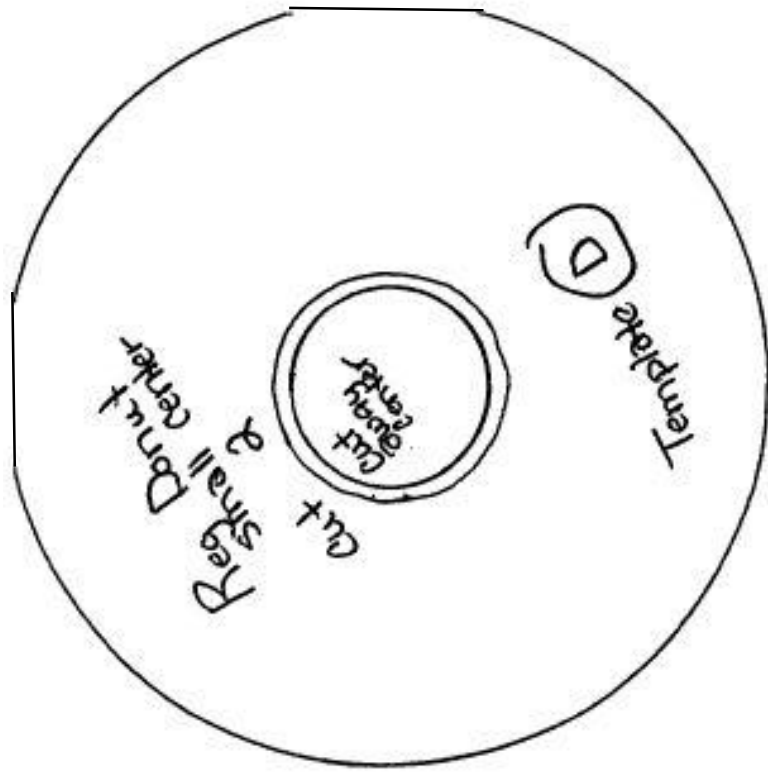
1. Donut with large hole for sewing tool carrier with base. Use templates A-B-C
2. Donut with small hole / just regular donut without base. Use templates D-E
3. Jelly Roll donut with Jelly Roll Frosting. Use templates J-K
4. Cinnamon Roll Donut with Swirl Frosting. Use templates J-L
5. Pop Tart. Use templates F-G
6. Long John Donut. Use templates H-I
7. Cool Whip Dollop. Use template M





to look like a
Cinnamon Roll
to swirl
Frosting Base
Add this Cinnamon





Take threaded needle around circle thru each •.
Pull gently to gather & over top. Knot off.