



## WATERCOLOR FLAG

### Supplies needed:

- Water cup
- Paper towel
- Parchment paper
- Iron
- Ironing board
- Plastic tablecloth
- \*Watercolor paint
- \*Paint brush
- \*Fabric flag
- \*SWHC 2020 logo iron-on
- \*Reward Badges (5)  
(in Chaperone Pack)

**\*Included in Suitcase**

### Steps:

1. Wet your flag. This will help the paint to blend.
2. Watercolor paint the flag and let dry.
3. When flag is completely dry, pre-heat your iron on its cotton setting and **turn off** the steam setting.
4. Place the "Still Waters Home Camp 2020" decal in the center of the flag, sticky side down. Cover the entire decal with parchment paper. Press the iron over the decal for 15-30 seconds. Test to see if the decal is stuck to the fabric by slowly pulling up the plastic. If the letters stay stuck to the flag, peel off the plastic. If not, continue to press until the letters stay down. Pressing time may vary from iron to iron.
5. Campers will earn badges to iron onto their watercolor flag over the weekend when they complete a project. View the [Reward Badges](#) PDF to see which badge goes with which project. To iron on the badges:
  - a. Pre-heat iron on cotton setting and turn off steam setting.
  - b. Place the badge onto the flag (design should be facing up).
  - c. Lay a cloth hand towel over the badge and iron the badge for 15-30 seconds. **Be careful not to touch the SWHC 2020 decal with the iron as it can melt the letters.**
  - d. Check to see if the badge stuck to the flag by carefully trying to pull up on the edge of the badge. Be careful, as the badge will be hot from the iron.
6. Repeat step 5 as Campers earn their badges.

Watch the tutorial for this project on 9/18 at [stillwaterscamp.org](http://stillwaterscamp.org)!



## BONFIRE GLOBE

### Supplies Needed:

- ½ cup rice or sand
- Funnel
- \*[Bonfire globe balloon](#) (with stencil applied)
- \*Rust-colored acrylic paint (or mix brown & red)
- \*[Paint dauber](#)
- \*[Lights](#)
- \*6" Ribbon
- \*Small Red balloon
- \*Plastic Bonfire base
- \*Balloon pumper

**\*Included in Suitcase**

### Steps:

1. Carefully lay out your clear balloon (globe) with globe stencil applied. Try to flatten any pieces of the stencil that may be sticking up so the paint doesn't get underneath the stencil.
  2. Use the rust paint and paint dauber to paint one side of the globe balloon. Let it dry.
  3. Use the rust paint to paint the Bonfire base. You want to paint the reverse side of the base so the outside will be smooth when you assemble it. Let dry.
  4. Fill the little red balloon with rice or sand. Tie it off and set aside.
  5. When side one of the globe balloon is dry, paint the second side with the paint and paint dauber. Let dry.
- We recommend applying a 2nd coat of paint to each side of your balloon.**
6. After globe balloon is completely dry, remove the stencil.
  7. Use the balloon pumper to air up the globe balloon.
  8. Using the ribbon, tie the little red balloon to the globe balloon to weigh it down.
  9. When the Bonfire base is dry, join it in a ring at the ends.
  10. Place the lights inside the Bonfire base (don't forget to turn the lights on) and put the Bonfire globe on top of the Bonfire base.

Watch the tutorial for this project on 9/18 at [stillwaterscamp.org](http://stillwaterscamp.org)!

# Prayer Warrior Garland

## Supplies needed:

- Acrylic paint:  
Five shades from light to dark of one color.
- Paintbrush
- Water pail
- Masking tape
- Paper towels
- Hot glue gun
- Hot glue stick (1)
- Ruler
- Wooden dowel or stick  
(approximately 30" length and 1" diameter)
- \*6ft of [18-gauge craft wire](#)
- \*Two 33" lengths of [24-gauge craft wire](#)
- \*Twenty 2" [Press Play wood pieces](#)  
(we recommend 2", but you can use any size)
- \*Prayer Warrior [letters](#)

\*Included in Suitcase

## Notes:

- When gluing the wood pieces to the wire, work from the backside of the wood pieces. Letters are placed in reverse order.
- If you do not have 2" Press Plays, any size will work, just make sure you have at least 12" of wire left unused on both ends.
- Don't have wood? You can make this same project with cardstock and string!

## Steps:

1. Paint wooden Press Plays and letters. Use masking tape to cover parts of the letters if you would like to have wood showing. Remove masking tape after painting.
  2. Once Press Plays are dry, carefully unwrap your wire.
- Be careful to not pull hard or bend the wire as it breaks easily.**
3. Measure over 12" from one end of the 18-gauge wire and hot glue your first Press Play in place. Make sure your Press Play is pointing to the left, and your wire is glued right across the middle of the Press Play. Hold the wire in place until glue sets. Glue the rest of your Press Plays in place. Do not leave space between the Press Plays.
  4. Carefully unwrap your two 24-gauge wires.
  5. For the word "Prayer": Measure approximately 7" from one end of your first piece of 24-gauge wire. Hot glue the letter "r" there (we will be placing letters in reverse order). Hold wire in place until glue sets. Space your next letter an inch away. Glue in place. Glue one letter at a time or the wire will shift while you are gluing.
  6. For the word "Warrior": Measure 7" from the end of your second piece of 24-gauge wire. Hot glue the letters for "Warrior" to the wire. Remember to do it in reverse order, starting with "r".

7. Lay your Press Plays out flat and bend in a wide "U" shape. Lay your "Warrior" wire in the center, wrapping the edges of the wire below the 2nd Press Play on the right and left sides. You can determine here how wide you want your garland to be.

8. Center your "Warrior" wire underneath the "Prayer" wire and wrap the ends just above the first and last Press Plays.

8. Wrap the remaining ends of the 18-gauge wire around each end of your stick or wooden dowel.

Watch the tutorial for this project on 9/19 at [stillwaterscamp.org](http://stillwaterscamp.org)!

# Moses Basket



## Supplies needed:

- \*[Rope](#) 50 ft in length
- \*Basket base
- Hot glue gun
- 3-4 Glue sticks

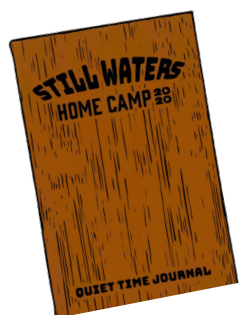
\*Included in Suitcase

## Steps:

**Note: Do not cut your rope. It should be one continuous piece for your entire Moses Basket.**

1. Pre-heat hot glue gun. Once heated, hot glue a 3" section to the center of the brown paper oval, Basket base. This is the start of your basket. Carefully continue to glue the rope down to the paper, wrapping it around itself until you reach the outer edge of the paper. This is your basket base.
2. Once you reach the outer edge of the paper, start gluing the rope on top of itself, always going around the outer edge of the basket base. This will create the basket walls.
3. When you get to the last 32" of your rope, start making the handles for your basket. Stop hot gluing where you would like your handle to start, (whether at the ends or on the sides) then start hot gluing again where you would like it to end.
4. Continue gluing rope until you reach the other side of the basket where the other handle will go, leaving the same amount of rope unglued, and then glue where you would like it to end.

Watch the tutorial for this project on 9/20 at [stillwaterscamp.org](http://stillwaterscamp.org)!



## Journaling

### Supplies needed:

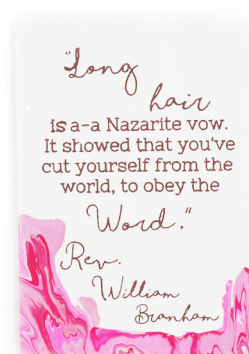
- \*Journal
- \*Journaling Themes
- [Sticker paper](#) (if printing themes from SW website)
- Scissors
- Favorite pencil or pen
- Journaling supplies of your choice

**\*Included in Suitcase**

### Steps:

1. Download the PDF for a Camp journaling theme from [stillwaterscamp.org](http://stillwaterscamp.org) and print it onto full sheet sticker paper. Be sure your printer is set to landscape orientation when you print.

All PDFs and SVGs are available on the [stillwaterscamp.org](http://stillwaterscamp.org) [Resources](#) page.



## C&G Canvas

### Supplies needed:

- \*Crown & Glory stencil
- \*5" X 7" canvas
- Acrylic paint
  - White (2 oz)
  - 3 to 4 colors of your choice (2 oz)
- Paintbrush
- Water
- Plastic ramekins or cups for your paint

**\*Included in Suitcase**

The printable tutorial for this project will be available on 9/18 in the "Crown & Glory" section on [stillwaterscamp.org](http://stillwaterscamp.org)

All PDFs and SVGs are available on the [stillwaterscamp.org](http://stillwaterscamp.org) [Resources](#) page.

## Iron-on Logos



### Supplies needed:

- \*Prayer Warrior Iron-on
- \*Parchment paper
- [T-shirt](#) or fabric item to apply logo to
- Iron
- Ironing Board

**\*Included in 9-14 yr old Suitcase**

See Tutorial for this project on page 4

All PDFs and SVGs are available on the [stillwaterscamp.org](http://stillwaterscamp.org) [Resources](#) page.



## Paint Stencils

### Supplies needed:

- \*Camper paint stencils
- Paint brushes (from 1/4" to 1" in size.)
- [Fabric Medium](#) (if you are painting on fabric)
- Items to decorate (t-shirts, canvas, plaques, mugs, etc.)

**\*Included in Suitcase**

See Tutorial for this project on page 4

All PDFs and SVGs are available on the [stillwaterscamp.org](http://stillwaterscamp.org) [Resources](#) page.

# HOW TO APPLY IRON-ON LOGOS

---



## 1. Preheat your iron

Set the temperature between cotton and polyester or one setting below your highest heat.



## 2. Iron your shirt

Before applying the design. This will preheat the fabric and remove excess moisture.



## 3. Place your design

Carefully peel your Prayer Warrior design from the label page and place it on the back of your t-shirt.



## 4. Place parchment paper over your design

Household parchment or wax paper can be used.



## 5. Iron over the design

Do NOT use steam. Press firmly on the iron. Use circular motions. Iron for at least 15 seconds.



## 6. Remove parchment

If the design isn't applied to your shirt all the way, replace the parchment paper and iron again. The larger the design the longer you need to iron.

**Important: Wait 24 hours after applying iron-on decal before washing your t-shirt.**

# HOW TO APPLY YOUR PAINT STENCILS

---



## 1. Prep

Cut out around the stencil you want to use. Leave a border around the design. Prepare the surface you will paint. Fabric should be wrinkle free. Hard surfaces should be smooth.



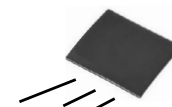
## 2. Peel

Peel away the backing from your stencil, but not the transfer tape on top.



## 3. Place

Place your stencil (sticky side down) on the surface you are painting.



## 4. Smooth

Smooth over your stencil with a vinyl scraper (or a plastic card), so it adheres to the surface you're painting. Be sure there are no air bubbles and all of the edges are down!



## 5. Paint

Slowly peel away the transfer tape. Make sure you aren't pulling up any of the design with it. Paint the stencil. Thin coats of paint work best, you may need to apply a second coat.



## 6. Remove

Carefully remove the vinyl stencil. Some pieces are very small, especially parts of letters. Dispose of the stencil. 'It is best to remove the stencil while the paint is still wet.'